**FOUNDATION CERTIFICATE IN CHAIR YOGA**

**with Claire Osborne**

**Booking form**

Please fil in this form and return to [osborneclaire@hotmail.com](mailto:osborneclaire@hotmail.com)

This questionnaire is designed to help your trainer target the needs of the trainees within the group. Please fill in as comprehensively as you can. All information on this form will remain private and confidential. It is for the use of the trainer only.

Name: Email:

Phone number (mobile):

Previous experience of yoga: Please give details of your experience (amount of time practicing or teaching / style)

Are you

a) yoga teacher yes / no. If yes, please give details of your experience and qualifications.

b) health care professional yes /no. If yes, please give details of your experience/ background.

c) carer yes / no. If yes, please give details of health condition of the person you are caring for.

How do you envisage using this course / what is your target group?

What would you hope you receive from this course?

Do you have any injuries or health conditions? (please give details)

All the information i have provided is correct at the time of filling in this form.

I will notify the instructor if any of the above changes.

I have read and accept the terms and conditions. (SEE BELOW)

Signed... Date....

**BOOKING INFO: Total Cost: €300**

Send via paypal to [osborneclaire@hotmail.com](mailto:osborneclaire@hotmail.com). Click the ‘share costs’ box when you make your payment.

***Please notify Claire once you have sent your payment.***

OR cheque / postal order to: Claire Osborne, Scrahanaleary, Ballydehob, County Cork.

(please don’t send cash in the post).

**Terms and conditions:**

1. Your place is only secured once you have paid in full in advance for the course.
2. Refund policy:

* Cancellations one month before the course: full refund minus €30 admin fee.
* Cancellations 2-4 weeks before the course 50 % refund.
* Up to 2 weeks before the course: no refunds or transfers
* No refunds or transfers to other courses in the event of partial attendance.

1. Should the organisers need to cancel the course, an alternative date will be offered. If you cannot attend the alternative dates, you will receive a full refund.
2. If a person attending the course is not a trained and registered yoga teacher, please know that this is not a yoga teacher training course, since to become a fully certified yoga teacher takes a minimum of 200-500 hours of training. If you wish to offer the practices in this training to your clients, I suggest using descriptions such as gentle exercise, movement or stress relief.